

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ciska Bouwer**

Has successfully participated & completed the  
**40km FRESH Kaapsehoop Mountain Ultra**  
held at Kaapsehoop Horse Trails.

**TIME 07:06:50**

**PACE 10:39/km**  
**OVERALL 41 of 59**

**GENDER 12 of 20**  
**< 50 3 of 5**

11 September 2021, Sat

Date



*BoutTime*

Signature

